

46TH ANNUAL INTERNATIONAL CONFERENCE 2017

Orthomolecular Medicine Today

APRIL 28 – 30
TORONTO

Omni King Edward Hotel



International Society for
Orthomolecular Medicine

The Annual International Orthomolecular Medicine Today Conference is a continuing education event for MDs, PhDs, Pharmacists, NDs, DCs, DOs, RNs, NPs, Nutritionists, and other health professionals. The Conference is presented by the International Society for Orthomolecular Medicine, which brings together orthomolecular associations established in 20 countries around the world. The 46th Conference will feature leading physicians and researchers presenting sessions on current advances in orthomolecular cardiology, psychiatry, endocrinology and general medicine.

Orthomolecular Medicine, conceptualized by double Nobel laureate Linus Pauling, is the practice of optimizing health and treating disease by providing, according to individual biochemistry, correct amounts of vitamins, minerals, amino acids, essential fatty acids and other nutrients which are natural to the body's environment.

Conference Speakers



Phyllis Bronson, PhD, holds a doctorate in biochemistry. Her ongoing research is focused on the science behind bioidentical molecules and ongoing work on mood and emotion. Dr. Bronson works with women who have hormone-based mood disorders, utilizing her original research, along with her medical partner, Chris Martinez, MD. She lives in Aspen, Colorado, and is President of Biochemical Consulting and The Biochemical Research Foundation.



Aileen Burford Mason, PhD, is an immunologist, cell biologist and orthomolecular nutritionist with a deep interest in the scientific evidence for nutrition and health. She regularly gives seminars for both professional and lay audiences, and has become known for her ability to take complex nutritional research and translate it into concise, evidence-based guidelines for the safe, effective use of nutritional supplements. She is formerly Assistant Professor in the Department of Pathology in the Faculty of Medicine, University of Toronto, and Director of a cancer research laboratory at The Toronto General Hospital. Dr. Burford-Mason is the author of the best-selling book *Eat Well, Age Better*. Her new book *The Healthy Brain* will be published by HarperCollins Canada in the Fall of 2017.



Jeffrey Dach, MD trained in clinical medicine, working as emergency room physician in Illinois. He is specialty board-certified in diagnostic and interventional radiology with 25 years experience serving the Memorial Healthcare System in Hollywood, Florida. After retiring from radiology in 2004, Dr Dach returned to clinical medicine and founded TrueMedMD, a clinic in Davie, Florida specializing in bioidentical hormones and natural thyroid. Dr Dach is author of two books, *Natural Medicine 101* and *Bio-identical Hormones 101*, available free online. He serves on the editorial board for Alternative Therapies in Health and Medicine and publishes a monthly free newsletter at www.jeffreydachmd.com.



James Greenblatt, MD, is the Chief Medical Officer of Walden Behavioral Care in Waltham, Massachusetts. Dr. Greenblatt has been treating patients with complex eating disorders since 1988. He received his medical degree and completed his adult psychiatry residency at George Washington University in Washington, DC, and completed a fellowship in child and adolescent psychiatry at Johns Hopkins Medical School. He maintains a private practice in Waltham, Massachusetts. Dr. Greenblatt is Medical Director of Comprehensive Psychiatric Resources, an orthomolecular treatment center in Boston, Massachusetts and is Assistant Clinical Professor at Tufts University Medical School, Department of Psychiatry.



Leonard John Hoffer, MD, PhD, trained in medicine and internal medicine at McGill University in Montreal. He obtained a PhD in nutrition from the Massachusetts Institute of Technology and completed fellowships in nutritional support (Harvard Medical School) and biochemistry (Brandeis University). He is Professor of Medicine at McGill University, an investigator in the Lady Davis Institute for Medical Research, and Senior Physician in the Division of General Internal Medicine, Jewish General Hospital, Montreal, where he serves on the nutritional support team. In addition to his clinical research on vitamin C deficiency and high-dose vitamin C therapy, he has authored chapters on human starvation and nutritional support in well-known textbooks, including upcoming chapters in *Scientific American Nutrition* and *Harrison's Principles of Internal Medicine*. In 2012 he received the Kursheed Jeejeebhoy Award and Plenary Lecture of the Canadian Nutrition Society.



Ron Hunninghake, MD, completed his medical residency at the Smoky Hill Family Practice Program in Salina, Kansas in 1982. He joined the Riordan Clinic in 1989 as its Medical Director. In addition to his full-time practice as a holistic medical doctor, Dr. Ron has made multiple trips to Japan, Spain, Ecuador, Columbia, New Zealand, Canada and South Korea to lecture on The Riordan IVC Protocol for Cancer. He has presented more than 400 lectures, including at the OMT, dealing with all facets of nutrition, lifestyle, and optimal health. He has co-authored three books on inflammation, energy-boosting supplements, and how to stop pre-diabetes.



Joel Kahn, MD, serves as a Clinical Professor of Medicine at Wayne State University School of Medicine and is the founder of the Kahn Center for Cardiac Longevity. He is the author of 3 bestselling books and *The Whole Heart Solution* is now a public TV special. He writes for the Huffington Post and other media sites. He was voted the Sexiest Male Vegan over 50 by PETA.org in 2016. He owns GreenSpace Cafe in Ferndale, MI, the largest plant based restaurant and bar between the coasts



Toru Mizoguchi, MD, graduated in 1990 from Fukushima Medical University, then worked at Yokohama City University Hospital, National Cardiovascular Center. Since 2000, he has incorporated orthomolecular medicine into his practice, having many improved cases for intractable diseases. In 2003, Japan's first orthomolecular medicine specialized clinic "Shinjuku Mizoguchi Clinic" was established. In addition to his clinical practice, Dr. Mizoguchi lectures for patients and physicians. With his teacher, Dr. Masatoshi Kaneko, was a leader in introducing orthomolecular medicine in to Japan. Today, over 1,300 medical institutions include orthomolecular treatment.



Osamu Mizukami, MD, is the President of Japanese Society for Orthomolecular Medicine, and the Director of Health Promotion Clinic in Tokyo. He graduated from the Hirosaki University School of Medicine in 1973, and since then he has worked as a pioneering integrative internist in Japan. He received a PhD from the Tokyo Medical and Dental University, and a DPH from Loma Linda University. Dr Mizukami started using high-dose IV vitamin C 40 years ago and began to practice orthomolecular psychiatry in 2007. He has published 15 books including *Create Health*, and *High-Dose IV Vitamin C for Cancer Patients*.



Jonathan Prousky, ND, MSc, MA, graduated from Bastyr University with a Doctorate in Naturopathic Medicine. He is the Chief Naturopathic Medical Officer at the Canadian College of Naturopathic Medicine and also supervises at the Robert Schad Naturopathic Clinic. He is a passionate advocate for patients who have psychiatric disorders and focuses his clinical practice on optimizing mental and neurological health with nutrition and botanical (plant-based) medicines. He has lectured extensively on various health-related topics throughout North America and is the current editor of the *Journal of Orthomolecular Medicine*. His clinician-based research primarily involves the neuropsychiatric applications of vitamin B³.



Heather Wolfson, DC, is a chiropractic physician who provides chiropractic and nutritional care to adults and children. She is an incredible mom who home-birthed her two sons, Noah and Brody, and is raising the children in a holistic fashion that includes breast feeding, co-sleeping, and chemical-free living. Dr. Heather is a native of Arizona, loves the outdoors, and is active in animal rights and environmental safety



Jack Wolfson, DO, is a board-certified cardiologist who grew tired of patients failing to get well (while sometimes feeling worse) using pharmaceuticals and procedures. As a result, he opened Wolfson Integrative Cardiology where he now uses in-depth testing and targeted nutrition to prevent and treat cardiovascular disease. He treats the whole person, getting to the cause of the issue, instead of treating only the symptoms. Dr. Wolfson offers practical solutions for heart health in person at his office in Paradise Valley, Arizona. He is the author of the Amazon best-seller, *The Paleo Cardiologist*.

Friday April 28

8:00 am Registration
8:30 am Exhibits open

Session One • Orthomolecular Medicine

9:00 am **John Hoffer, MD, PhD**
In-hospital Vitamin C Deficiency and High-dose Vitamin C Therapy

10:00 am Break - Visit Exhibits

10:30 am **Aileen Burford-Mason, PhD**
Dr Rogers Prize Lecture
Optimal Nutrition & Chronic Disease Prevention: Clinical Perspective on Laboratory Diagnostics

11:30 pm **Ron Hunninghake, MD**
A Unified Theory of Chronic Illness

12:30 pm Lunch - Visit Exhibits

Session Two • Orthomolecular Cardiology

Evan Shute Memorial Lectures Controversies in Nutrition

2:00 pm **Joel Kahn, MD**
Plant Based Reversal of Heart Disease

3:00 pm **Jack Wolfson, DO**
Evidence Based Integrative Cardiology

4:00 pm Break – Visit Exhibits

4:30 pm **Heather Wolfson, DC**
Give the Body What it Needs and Take Away What it Doesn't

5:30 pm Exhibits Close

Saturday April 29

9:00 am **Jonathan Prousky, ND, MSc, MA**
Childhood Absence Epilepsy – Putative Complementary Diet and Orthomolecular Treatment Options

10:00 am Break – Visit Exhibits

Session Three • Orthomolecular Endocrinology

10:30 am **Jeffrey Dach, MD & Phyllis Bronson, PhD**
Debunking Myths about Hormones: Why Bioidenticals Matter

12:30 pm Lunch - Visit Exhibits

Session Four • Orthomolecular Psychiatry

2:00 pm **Osamu Mizukami, MD**
Orthomolecular Psychiatry in Japan

3:00 pm **James Greenblatt, MD**
Phytochemicals in the Treatment of ADHD

4:00 pm Break - Visit Exhibits

4:30 pm **Toru Mizoguchi, MD**
Abram Hoffer Memorial Lecture
Distinct Characteristics of Hematological Parameters in Psychiatric Disorders

5:30 pm Exhibits Close



14th Annual Orthomolecular Medicine Hall of Fame

7:00 pm Reception
7:30 pm Dinner and Induction

Sunday April 30

8:30 am **Annual Meeting - International Society for Orthomolecular Medicine**

10:00 am Break - Visit Exhibits

10:30 am **Orthomolecular Medicine Today Forum**
with OMT Speakers

12:00 pm **Close OMT Forum**

IV Vitamin C Academy Ron Hunninghake, MD & Tom Levy, MD, JD

1:30 PM IVC Academy Part 1
3:00 PM Break
3:30 PM IVC Academy Part 2
5:00 PM Close

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Registration

Register for the OMT online at www.ISOM.ca

Or complete registration form below and send to:

International Society for Orthomolecular Medicine
PO Box 99517 O'Connor PO
Toronto, ON M4B 3M9

E-mail info@ISOM.ca

Full Conference

By March 27 After March 27

Includes

All Five Sessions; Syllabus (USB)
Friday & Saturday luncheons

NB—Does **NOT** include Saturday evening or Sunday afternoon events

\$495 \$545

ISOM Members

\$445 \$495

Student rate - Luncheons not included

(must be registered at an accredited college/university)

\$245 \$295

Half Day Sessions

Session (circle) 1 2 3 4 each \$120
(Luncheons not included)

Saturday Evening - Reception, Dinner & Induction

14th Annual Orthomolecular Medicine Hall of Fame \$95

IV Vitamin C Academy

OMT Delegates \$100

Non Delegates \$150

Name _____ Deg. _____

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Total \$ _____ or make check payable to the

International Society for Orthomolecular Medicine

A \$50 administration fee will apply to cancellations after March 31, 2017



ORTHOMOLECULAR
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for *your* body

The Orthomolecular Medicine Today Conference is a continuing education event for MDs, PhDs, Pharmacists, NDs, RNs, and other health professionals. Leading physicians and researchers will present five sessions on current advances in orthomolecular psychiatry, oncology, cardiology, and general medicine. To complement your educational experience, the Conference features an exhibit area for North America's leading manufacturers and suppliers of orthomolecular products and services. The Conference is presented by the International Society for Orthomolecular Medicine, which brings together orthomolecular associations now established in 20 countries around the world. The orthomolecular research initially done on nutrition in relation to mental health has expanded over the years to all areas of health care from cardiovascular disease to cancer, from AIDS to Alzheimer's. This work has been published since 1968 in the Journal of Orthomolecular Medicine. The ISOM and its affiliates sponsor professional and public education programs, including the Orthomolecular Medicine Today Conference, now in its 46th year.



Toronto, Canada's cultural capital, is a cosmopolitan, sophisticated, dynamic city offering its visitors a myriad of exciting activities. Toronto has grown up around the elegant Omni King Edward Hotel where you'll discover the best in theatre, galleries, shopping, sports and restaurants, and the nearby vibrant Harbourfront, just steps away from its famous doors in the heart of Canada's metropolis.

To make your room reservation at the Omni King Edward Hotel book online at: <https://www.omnihotels.com/hotels/toronto-king-edward/meetings/orthomolecular-medicine-today-conference> or phone toll free 1-888-444-OMNI by March 27th to receive the special Orthomolecular Group rate of \$229 per night, single or double.

OMNI KING EDWARD HOTEL
37 King Street East, Toronto, Ontario M5C 1E9