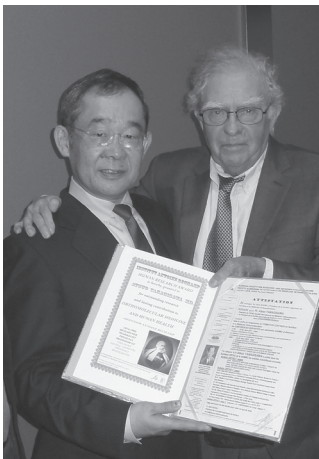


## Algeria Seminar - January 2014

The Algerian Society for Nutrition and Orthomolecular Medicine (SANMO, [www.orthomoleculaire.org](http://www.orthomoleculaire.org)) held their first seminar of 2014 on January 24 and 25 in Algiers. Featured presenters were: Atsuo Yanagisawa, MD, ISOM President, on the Riordan protocol and vitamin C for radiation exposure; Thomas Levy, MD, on liposomes; Prof. Gilbert Henri Crussol on chelation for detoxification; Prof. Smail Meziani on the evaluation of oxi-

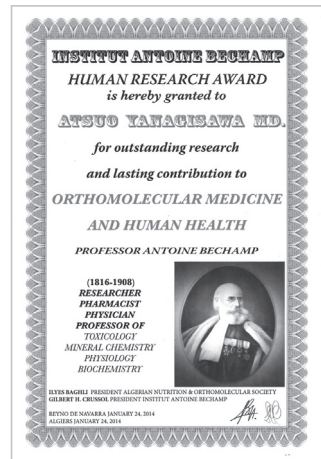
dativ stress and determining the anti-oxidant effectiveness of vitamins and trace elements; Prof. Hafida Merzouk on Orthomolecular Medicine in hormonal therapy; and Prof. Mustapha Oumouna on immuno-modulation and the immune response following viral infections and allergens.

The meeting generated excellent media coverage, including television and press interviews.



Prof. Gilbert Henri Crussol presents the Human Research Award from the Institut Antoine Bechamp, to Atsuo Yanagisawa, MD, ISOM President, for outstanding research and lasting contribution to Orthomolecular Medicine and Human Health

The Award



DK Press interview (L to R): Thomas Levy, MD; Dr. Ilyes Baghli; Prof. Mustapha Oumouna; Atsuo Yanagisawa, MD; Mr. Said Bedjaoui, Moderator at DK-News Forum; Prof. Smail Meziani; Prof. Gilbert Henri Crussol

## Macedonia Joins ISOM

Concerned about the increasing loss of trust in “mainstream” medicine by a vast number of population in Macedonia, and consequent increase of misguided misuse of various vitamin, mineral and herbal supplements, as well as increasing number of nutrition “experts”, a group of enthusiasts gathered in late December 2013 to establish the Society for Orthomolecular Medicine in Macedonia, as an answer to this unfolding misfortune. A business consultant, entrepreneur, civil engineer, university professor, journalist and a physician, decided to gather in an attempt to change this misfortune through education. At the founding assembly the documents required for registration were approved.

The main aims of the Society are:

1. General health education and promotion.
2. Introduce principles and methods of Orthomolecular Medicine in order to regain and maintain both physical and mental well-being.
3. Promote reasonable, rational, justified and proper use of supplements, under supervi-

sion of physician or other trained expert.

4. Promote a healthy lifestyle, including principles of orthomolecular nutrition, encouraging production, promotion and consumption of organically produced food.



The official registration process took a while, but on February 24, 2014 we received our registration as a non-profit organization.

A long way and hard work are ahead of us, but our determination is strong as well. We are positive that the hunger for information which is present in the general population will enable us to promote orthomolecular principles for the benefit of all. We are delighted to cooperate with ISOM and ISF in achieving our goals.

Nenad Zlatanovik MD, MSc  
President

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